

## **CESAREAN DELIVERIES- Fixing of time - How far valuable? \***

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*\* Published in Annual Souvenir -2005 - Jyotirvastu Vignana Samstha, Hyderabad*

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Recent trends, with deep belief in vedic astrology and anxiety to beget best children making parents over-anxious to fix time for cesarean deliveries. Their anxiety is to arrange a powerful and sanctified birth chart for children to be born. In the process parents are likely to be driven to a wrong path. At the stage of delivery choosing a time is almost amount to unveiling the destined birth time. By the time parents try to choose the time of delivery — the pregnancy period is almost over and lot of planetary forces (as per karmic theory) have acted to deliver the baby at a destined time.

In Astrological terms this is only an exercise to reveal the destined birth time — which is perhaps can best be fixed by the attending doctors. Medical experts themselves help to fix a span of time for delivery — the time fixed by astrologers is likely to be within that span.

Since cesarean deliveries have become common now for different reasons — such fixation of time is fitting in the play. What is suggested is to take advantage of the Vedic science to choose the time of conception, which will lead to a destined delivery time with powerful and sanctified planetary configuration. The delivery time is destined time whether it is normal delivery or cesarean delivery. Strong belief in Vedic sciences does reveal that time fixed for cesarean delivery can nothing but the destined time of delivery. Any attempt to deviate the destined time may lead to mishaps — and perhaps destined mishaps may tempt the involved to lead to wrong attempts.

**Art of Conceiving:** One has to understand the art of conception in this context. Sexual union, pregnancy and reproduction of human species are the essentials on which the world exists. The time of conception (Garbhadhaana) is very important and should be carefully planned.

**Value of time:** The value of time is inestimable. All objects in nature are produced in “Time”, developed in “Time” and destroyed in “Time”. Creative, protective and destructive forces are embedded in the womb of time. There is a time to sow and a time to reap. During the sowing season, creative forces are in operation. When an important activity is to be undertaken, destructive forces have to be screened off. Thus, the time of conception (Garbhadhaana) is very important. The birth of Ved Vyaas is believed to have been the culmination of a union at a time when planetary positions were conducive to produce a philosopher.

Whatever is born or done at a moment of time has the qualities of that moment of time. Sexual union should never be based upon simple “sense gratification”. There is sacredness about sexual functions, and when moral and spiritual considerations are not respected and brought into play, the result will be most unsatisfactory and all sorts of undesirable progeny would be the products of promiscuous cohabitation.

Maharishies have given us clues as to how best we can make use of the grand constructive vibrations operating in nature if our endeavors are to be endowed with success.

Expert astrological savants can guide for fixation of time for conception. For those who are not much adept in astrology, the simple formulae for the birth of a dutiful, intelligent and virtuous child, a couple should try for conception (Garbhadhaana) keeping in mind that:

- i. The constellations (Nakshatras) Shrivana, Rohini, Anuradha, Swati, Revati, Moola, Uttarashada, Uttarabhadrapad, Shatabhisha are highly favourable for nuptials.
- ii. The constellations Pushyami, Dhanishta, Mrigshira, Ashwini, Chitta, Punarvasu are ordinary
- iii. The rest of the constellations are to be rejected.
- iv. At the time of nuptials, no planet should occupy the 8th house.

**Fixing time as per Ashtakavarga system:**

Our ancient sages never advocated for a “son” - but for a “virtuous son”. All their astrological wisdom has been applied so that an intelligent and dutiful son could be born to a couple.

For those adept in astrology or has a keen desire to explore the mysteries of this science several systems have suggested various methods.

**A method is suggested here with the help of Ashtakavarga system.**

**Ashtakavarga system needs that date chosen by the couple for nuptials should confirm to the following set of conditions simultaneously:**

- a. Jupiter must have minimum 4 auspicious points (more, the better), on that day, in his own Ashtakavarga.
- b. Jupiter should be in a kaksha of such lord who is a contributor of these auspicious points.
- c. The kaksha lord for Jupiter should neither be an enemy (“Shatru”) nor a bitter enemy (Adhi-shatru) to it. Better will be if the kaksha lord is best friend (“Adhimitra”) of Jupiter.
- d. The sum of auspicious points for all seven planets, on the required date, should be more than 30.
- e. If a male child is desired, Jupiter should be in a male planet’s Kaksha. Male planets are Jupiter, Mars and the Sun.
- f. If a female child is desired, Jupiter should be in a female planet’s kaksha. Female planets are Venus and the Moon.
- g. When Jupiter is in the Kakshya of Mercury or Saturn, those dates should be avoided because these two planets are eunuchs.
- h. Jupiter should be transiting in a sign which is strong in native’s Sarvaashtak varga.
- i. Sun should be transiting in a sign having highest auspicious points in Jupiter’s Ashtakavarga.
- j. For precise timing during the chosen day, sexual intercourse should be during the period, when a sign is raising containing highest number of auspicious points in Jupiter’s Ashtakavarga. Conception is most likely to take place at this time. Childless couples may please note.

However, if one is unable to calculate dates with such precision and confirmation to all these sets of conditions, at least one can plan conception during a month which coincides with the Sun’s transit in the sign having highest auspicious points in Jupiter’s Ashtakavarga. Classical texts say that a virtuous son will be born out of this conception.

All this exercise in choosing a proper date and time for the purpose of conception will ensure that all possible good cosmic vibrations are centered such that the energy generated would nullify all other unfavorable factors and enhances the chances of success of the effort. A person is thus enabled to remove, neutralize, counter-act or overcome the evils indicated by his/her horoscope.

**Horoscope is diagnostic.** It merely points out the ills but prescribes no remedies. Suppose evil planets in the fifth house indicate loss of children. Then, proper timing of consummation, when ethereal currents released from the planets are as powerful as to minimize or modify the afflictions to the extent that the birth and survival of at least some children may be ensured. Proper timing of efforts helps one to minimize or modify the evils of past Karma to a considerable extent.

*Gynecologists and obstetricians can utilize this science of astrology?  
They can effectively guide their patients in a meaningful way and enable them to bear  
'virtuous and healthy child'.*

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